

EFGCP Geriatric Medicines Working Party Workshop

How to Improve Communication in and around Clinical Studies for Older People and Elderly Patients

Résidence Palace, Brussels, Belgium

25 November 2010

organised by



'where science and ethics meet'

conferences@efgcp.eu - www.efgcp.eu

Workshop Rationale

Older adults are greatly underrepresented in clinical trials in spite of having a disproportionate amount of disease and consuming more prescription drugs and therapies. This restricts the generalizability, efficacy, and safety of treatment. The exclusion of older adults as participants in clinical trials is highly problematic, because older adults have disproportionately high rates of cancer, cardiovascular disease, Alzheimer disease or related disorders, arthritis, and Parkinson's disease.. The reasons for the exclusion of older adults in clinical trials are complex and challenging. Older patients face a combination of obstacles. These include comorbidities, decision making incapacities linked with cognitive impairment, communication issues (e.g., aphasia, or hearing difficulties that interfere with telephone interviews and impaired vision that affects written surveys or tests), and physical immobility that limits travel.

Communication issues may be the first step to improve older patients' participation in clinical trials...

Programme Committee

Michael Bone	AAPEC, AREC, EFGCP, United Kingdom
Olivier Hanon	Broca Hospital, France
Laurence Hugonot-Diener	Broca Hospital, France
Jean-Marc Husson	Geriatric Medicines Working Party, EFGCP & Eudipharm, France
Marianne Maman	Novartis Pharma, Switzerland
François Piette	
Anthea Tinker	Institute of Gerontology, King's College London, United Kingdom
Jean-Marie Vetel	Le Mans Hospital, France
Florian von Raison	Geriatric Medicines Working Party, EFGCP & Merck-Serono, Switzerland

Faculty

Jean-Pierre Baeyens	European Union Geriatric Medicine Society (EUGMS), Belgium
Ajay Bhalla	King's College London, United Kingdom
Catherine Belin	CHU Avicenne AP-HP Paris, France
Michael Bone	AAPEC, AREC, EFGCP, United Kingdom
Ilse Cumps	Boehringer Ingelheim, Belgium
Gill Cluckie	National Institute for Health Research (NIHR) Biomedical Research Centre, Guy's and St. Thomas' NHS Foundation Trust & Kings College London, United Kingdom
Emmanuelle Duron	Broca Hospital France
Laurence Hugonot-Diener	Broca Hospital, France
Jean-Marc Husson	Geriatric Medicines Working Party, EFGCP & Eudipharm, France
Ingrid Klingmann	Pharmaplex, EFGCP, Belgium
Marianne Maman	Novartis Pharma, Switzerland
Representative	Institut Curie Paris, France (invited)
Hannes Staehelin	University Hospital Basel / Memory Clinic, Switzerland
Anthea Tinker	Institute of Gerontology, King's College London, United Kingdom
Florian von Raison	Geriatric Medicines Working Party, EFGCP & Merck-Serono, Switzerland

Workshop Language

The language of the workshop will be English.

Workshop Venue

‘Residence Palace’
Rue de la Loi 155, B-1040 Brussels
Tel.: +32.2.235 21 11
Fax: +32.2.235 21 10
Website: www.residencepalace.be
Nearest Metro Station: Schuman

Agenda

09.00 Registration and Welcome coffee

09.30 **Welcome and Introduction**

Decision making neuronal network basis and example patients affected with *psychiatric disorders*

Laurence Hugonot, Broca Hospital, France

Session 1 - Experiences and Insights from Key Stakeholders in Medical Research

Chairperson: *Marianne Maman, Novartis Pharma, Switzerland*

09.50 **Insights from medical research participants**

Chairperson: *Marianne Maman, Novartis Pharma, Switzerland*

View from a participant

Anthea Tinker, Institute of Gerontology, King's College London, United Kingdom

View from a professional caregiver (nurse)

Gill Cluckie, National Institute for Health Research (NIHR) Biomedical Research Centre, Guy's and St. Thomas' NHS Foundation Trust & Kings College London, United Kingdom

View from a clinical research associate

Ilse Cumps, Boehringer Ingelheim, Belgium

View from an academic investigator

Hannes Staehelin, University Hospital Basel / Memory Clinic, Switzerland

Panel Discussion

11.20 Coffee break

Session 2 - Communication Challenges

Chairperson: *Laurence Hugonot, Broca Hospital, France*

11.35 **How to communicate with patients affected by aphasia or hemiplegia**

Ajay Bhalla, King's College London, United Kingdom

11.55 **How to communicate and test cognition in illiterate and poorly educated subjects/patients in clinical trials**

Catherine Belin, CHU Avicenne AP-HP Paris, France

12.15 Lunch

Session 3 - Key Success Factors for Improving Communication

Chairperson: *Jean-Marc Husson, Geriatric Medicines Working Party, EFGCP & Eudipharm, France*

13.15 **Key success factors for maintaining patients in long term studies in different diseases.**

The investigator's point of view:

○ **Oncology**

Representative, Institut Curie Paris, France (invited)

○ **Neurodegenerative diseases**

Jean-Pierre Baeyens, European Union Geriatric Medicine Society (EUGMS), Belgium

14.15 **Informed consent: How to ensure that informed consent is fully understood and part of the decision making process**

Presentation of the UBACC tool: Use videos/training session how to get consent from patients

Michael Bone, AAPEC, AREC, EFGCP, United Kingdom

Validation of UBACC tool in French

Emmanuelle Duron, Broca Hospital, France

15.15 Coffee break

Session 4 - Proposal for Recommendations

15.30 **Interactive wrap-up session: How far away are we from getting specific recommendations for communication with older people in and around clinical trials?**

10 points of recommendations how to improve communication

Moderator: *Ingrid Klingmann, Pharmaplex, EFGCP, Belgium*

Wrap-up summary

Jean-Marc Husson, Geriatric Medicines Working Party, EFGCP & Eudipharm, France

Florian von Raison, Geriatric Medicines Working Party, EFGCP & Merck-Serono, Switzerland

16.30 End of meeting